

KBN College (Autonomous), Vijayawada

DIPLOMA IN YOGA FOR HUMAN EXCELLENCE(DYHE)

YOUTUBE LINKS

SEMESTER- I

PAPER-I

- UNIT 1:** <https://youtu.be/rb5qSTytxqI?si=eKV4Cidj8b6iQxhB>
UNIT 2: <https://www.youtube.com/watch?v=TtLlnRKHJmQ>
UNIT 3: <https://youtu.be/6cZTF5awsmQ?si=XKLhYr9Kn0LBanu0>
UNIT 4: <https://youtu.be/fzOrFwR0sgo?si=iLybwujXP9B20qi>

PAPER-II

- UNIT 1:** <https://youtu.be/NYsbC-HF7fl?si=WUwwnDipw9Zh2qb4>
UNIT 2: <https://youtu.be/fR8wK88WWPo?si=6FSIF8heqozWrfe3>
UNIT 3: <https://youtu.be/VbIBfTPCQgw?si=haDcm0GqwwcLTvma>
UNIT 4: <https://youtu.be/aRKqRHYZhhA?si=guV1pz6-JfVIMsX>

SEMESTER- II

PAPER-IV

- UNIT-I :** <https://www.youtube.com/watch?v=I3tvU97GtNg>
UNIT-2 : <https://www.youtube.com/watch?v=ZUtEcy-Cal0>
UNIT-3: https://www.youtube.com/watch?v=6pbfzW_8fIk
UNIT-4: <https://www.youtube.com/watch?v=suSzdQgPdD8>

PAPER V

- UNIT I :** <https://www.youtube.com/watch?v=kdDBxn1JQak>
UNIT II : <https://www.youtube.com/watch?v=PlxfiyrrjZ9A>
UNIT III : https://www.youtube.com/watch?v=FZQ_4gSZe5E
UNIT IV : <https://www.youtube.com/watch?v=b1za3zFIUuI>